



Your Family's Greatest Wealth...
...their Good Health.



NMC Healthcare presents
a range of Check-up Packages
for the entire family

The road to good health begins with preventive health check-ups.

Regular check-ups can identify a health problem early on and hence improve the chances of treatment and cure.

NMC Healthcare presents a wide range of health check-ups for you and your family. Each package is customised to meet your special needs. What's more, NMC offers additional 'add on' tests and packages that help address an organ or a disease specific health issue.

By combining diagnostic tests with medical examination by a doctor, you and your family members are assured of complete, personalised care.

HEALTH CHECK-UP PACKAGES	Standard	Executive	Super Executive	Comprehensive
<ul style="list-style-type: none"> Physical Examination by doctor ENT Consultation Visual Acuity and Colour Vision 	✓	✓	✓	✓ ✓ ✓
Laboratory Tests				
<ul style="list-style-type: none"> Complete Blood Count (CBC) Erythrocyte Sedimentation Rate (ESR) Blood Group Fasting Blood Sugar (FBS) Post Prandial Blood Sugar (PPBS) HbA1C Routine Urine Stool Routine Occult Blood in Stool Thyroid Stimulating Hormone (TSH) 	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓
Lipid Profile				
<ul style="list-style-type: none"> Cholesterol, HDL, LDL, and Triglyceride Cholesterol / HDL Ratio Serum Cholesterol 	✓	✓	✓	✓ ✓ ✓
Liver Function				
<ul style="list-style-type: none"> Bilirubin, Total Albumin, Globulin SGOT (AST) and SGPT (ALT) Alkaline Phosphatase (ALP) Gamma GT (GGT) Albumin / Globulin Ratio S-Protein Hepatitis B Surface Antigen Hepatitis C Card Test 		✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓
Kidney Function				
<ul style="list-style-type: none"> Serum Creatinine Serum Uric Acid 	✓	✓ ✓	✓ ✓	✓ ✓
Radiology Tests				
<ul style="list-style-type: none"> Chest X-Ray Total Abdominal Ultrasound Scan 	✓	✓	✓	✓ ✓
Cardiac Tests				
<ul style="list-style-type: none"> Electrocardiogram (ECG) Treadmill Test Echocardiogram 	✓	✓	✓ ✓ ✓	✓ ✓ ✓
Screening Test				
<ul style="list-style-type: none"> Pulmonary Function Test (PFT) Audiometry Prostate Specific Antigen (PSA) for Men (above 50 yrs) PAP Smear for Women Mammogram for Ladies (above 40 yrs) 	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓
Package Price (inclusive of all tests and physical examination by doctor)	AED 800	AED 1,500	AED 2,500	AED 4,000

ADD ON TESTS (OPTIONAL)

Tests	AED
1. Bone Densitometry (lower spine and hip)	475
2. Breast Ultrasound	350
3. Mammogram (above 40 yrs)	400
4. Prostate Ultrasound	475
5. Pulmonary Function Test (PFT)	225
6. Vitamin D	300
7. Audiometry	225
8. Complete Ultrasound Abdomen	750
9. PSA for Men (above 50 yrs)	200

EXCLUSIVE PACKAGE ADD ON

Back Health	2,150
• Orthopaedic Consultation	250
• MRI Spine	1,900

Brain Health	3,200
• Carotid Doppler Ultrasound	1,500
• MRI Spectroscopy	1,700

Intestine Health	2,800
• Gastroscopy	800
• Colonoscopy	1,400
• Histology	600

Sensory Health	750
• Ophthalmology Evaluation	250
• ENT Evaluation	250
• Dermatological Evaluation	250

Sleep Health	4,000
• Sleep Laboratory Test	4,000

Thyroid Health	850
• Thyroid Ultrasound	450
• TSH	200
• Free T4	200



WELL WOMAN CHECK-UP PACKAGE

Physical examination by gynaecologist	✓
Laboratory Tests	
<ul style="list-style-type: none">• Complete Blood Count (CBC)• Erythrocyte Sedimentation Rate (ESR)• Blood Group• Fasting Blood Sugar (FBS)• HbA1C• Routine Urine• Routine Stool with Occult Blood• High vaginal swab (HVS)	✓ ✓ ✓ ✓ ✓ ✓ ✓
Lipid Profile	
<ul style="list-style-type: none">• Cholesterol, HDL, LDL and Triglyceride• Cholesterol / HDL Ratio	✓ ✓
Liver Function	
<ul style="list-style-type: none">• Bilirubin, Total Albumin, Globulin• SGOT (AST) and SGPT (ALT)• Alkaline Phosphatase (ALP)• Gamma GT (GGT)• Albumin / Globulin Ratio• S-Protein	✓ ✓ ✓ ✓ ✓ ✓
Kidney Function	
<ul style="list-style-type: none">• Serum Creatinine• Serum Uric Acid	✓ ✓
Radiology Tests	
<ul style="list-style-type: none">• Mammogram• Ultrasound scan (Pelvis and abdomen)	✓ ✓
Cardiac Tests	
<ul style="list-style-type: none">• Electrocardiogram (ECG)	✓
Screening Tests	
<ul style="list-style-type: none">• PAP Smear Test	✓
Package price (inclusive of all tests and physical examination by doctor)	AED 2,500



CHILD HEALTH CHECK-UP PACKAGE

Laboratory Tests	
<ul style="list-style-type: none">• Blood Group• Rh Typing• Random Blood Sugar (RBS)• Complete Haemogram• Serum creatinine• SGOT (AST) and SGPT (ALT)• Routine stool test with Occult blood	<ul style="list-style-type: none">✓✓✓✓✓✓
Radiology Tests	
<ul style="list-style-type: none">• Chest X-Ray	<ul style="list-style-type: none">✓
Doctor Examinations	
<ul style="list-style-type: none">• Physical Examination by Paediatrician• Eye Examination by Ophthalmologist• Dental Examination by Dentist	<ul style="list-style-type: none">✓✓✓
Package price (inclusive of all tests and physical examination by doctor)	AED 900

